

### Theme 1: Paralympic values

#### Unit 4: Inclusion for all

##### Learning objective:

To become aware of individual difference



#### Introduction

The purpose of this unit is to introduce students to the United Nations (UN) and the Convention on the Rights of Persons with Disabilities (the UN Convention).



#### Activity 1

Use the PowerPoint presentation '*Inclusion for all*' to introduce or recap the UN Convention. This explains:

- the role of the United Nations in protecting and promoting human rights
- the UN Convention on the Rights of Persons with Disabilities
- the rights of people with an impairment to take part in sports and leisure activities.

Confirm students' understanding of the term 'people with disabilities' in the context of the UN Convention. Information about this can be found in the Teacher's notes.



In small groups, students take responsibility for researching and understanding the following UN Convention principles:

- respect for difference and acceptance of people with disabilities as part of human diversity and humanity
- social equality between people with disabilities and those without disabilities.

They share their findings with the class or audience advocating on behalf of people with disabilities in favour of the principle.



### Activity 2

Students take an active role in a volunteering/ community project to demonstrate inclusion, the Paralympic values and principles of the UN Convention in action, and champion the cause of people with an impairment in their community.

Project ideas:

- Offer play, sport and games activities for younger children with an impairment at their school.
- Combine Theme 2, Unit 5 - Let's experience Para athletics with this one and welcome people with an impairment to school/college to play sports, make music or work together on projects and tasks. How about involving them in a class performance?
- Visit local sports venues and help those with an impairment at a training session or during a competitive event. Measure, time-keep, record scores or offer individual support to a Para athlete.
- Volunteer regularly at a local organisation for people with an impairment.
- Advocate in your community on behalf of people with an impairment.
- Act as a buddy for a person with an impairment and introduce them to new activities and friends.
- Suggest (and design) ideas to enable people with an impairment to access local facilities.
- Select your own relevant projects that enable students without an impairment to work alongside those with an impairment.



At the conclusion of the volunteering/community project students produce a report, photographic display or short video that summarises their experiences. They explain any change in attitude towards people with an impairment and the value of such joint-working to people with an impairment, themselves and wider society.

### Equipment

Projector, presentation screen, PowerPoint presentation: *'Inclusion for all'* and relevant materials to complete activity 2.



### Extension activity

Engage the community in events that introduce them to the vision and values of the Paralympic Movement.

### Optional independent research

The UN Convention requires countries to raise awareness and increase respect towards people with disabilities. Use any medium to champion the cause of people with an impairment in your country.



### Discussion questions

- 'It's not what's missing, it's what's there' (Dominic Larocque, Team Canada, Para ice hockey). How do you perceive people with an impairment?
- Has your attitude to people with an impairment changed because of your understanding of the Paralympic Movement?

### Evaluation quiz

Complete the evaluation quiz individually, in pairs or small groups.